

Zif[®]-A

Ferrous Ascorbate, Folic Acid and
Zinc Sulfate Monohydrate

Composition

Zif[®]-A Tablet: Each film coated Tablet contains Ferrous Ascorbate INN equivalent to Elemental Iron 48 mg, Folic Acid BP 0.50 mg and Zinc Sulfate Monohydrate USP equivalent to Zinc 22.5 mg.

Indication

Zif[®]-A is indicated for the prophylaxis of iron deficiency; especially for supplementation of Zinc, Iron and Folic Acid during pregnancy and anemia.

Dosage and Administration

Adult & Elderly: One tablet daily before or after meal (food independent absorption) or as directed by the physician. In more severe cases, two tablets daily may be required as prescribed by the physician.

Use in pregnancy and lactation

Pregnancy: Administration in first trimester of pregnancy should be avoided unless definite evidence of iron deficiency is observed. Prophylaxis of iron deficiency is justified during the remainder of pregnancy specifically when zinc supplementation is required.

Lactation: During breastfeeding, please contact with physician, before taking or continuing the drug.

Use in children and adolescents

Safety and effectiveness in pediatric patients have not been established.

Side effect

The most common side effects of this combination are mild and transient. These include epigastric pain, heart burn, nausea, vomiting, diarrhea and constipation. Other side effect is allergic sensitization.

Warning and precaution

Care should be taken in patients who may develop Iron overload, such as those with hemochromatosis, hemolytic anemia or red cell aplasia. Failure to respond to treatment indicate other causes of anemia and should be further investigated.

Contraindication

This combination is contraindicated in patients with known hypersensitivity to ferrous ascorbate, folic acid and zinc sulfate monohydrate or any components of this product. This combination is also contraindicated in patients with hemolytic anemia.

Drug interaction

Drug interaction with medication: Iron chelates with tetracycline. Since oral iron products interfere the absorption of oral tetracycline antibiotics, this product should not be taken within two hours of each other. Occasional gastrointestinal discomfort may be minimized by taking with meals. Absorption of iron may be impaired by concurrent administrations of penicillamine and antacid. In patients with renal failure, a risk of zinc accumulation may exist.

Overdose

The clinical course of acute iron overdosage can be variable. Initial symptoms may include abdominal pain, nausea, vomiting, diarrhea, tarry stools, melena, hematemesis, hypotension, tachycardia, metabolic acidosis, hyperglycemia, dehydration, drowsiness, pallor, cyanosis, lassitude, seizures, shock and coma.

Storage Condition

Store below 30°C. Keep all medicines out of reach of children.

How Supplied

Zif[®]-A tablet: Each box contains 60 tablets in blister pack.

Manufactured by



SQUARE
PHARMACEUTICALS LTD.

Salgaria, Pabna, Bangladesh

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